Progressive Steps To Syncopation For The Modern Drummer

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In the ever-evolving landscape of modern music, drummers play a pivotal role in shaping the groove, feel, and overall vibe of a song. Among the many rhythmic techniques that elevate a drummer's skill set, syncopation stands out as a fundamental element that adds complexity, interest, and a contemporary edge to performances. Mastering syncopation is not an overnight achievement; it requires a structured, progressive approach that builds on foundational skills and gradually introduces more intricate patterns. This article explores progressive steps to syncopation for the modern drummer, providing a comprehensive guide to developing this essential rhythmic skill.

Understanding Syncopation: The Foundation of Modern Rhythm

Before diving into the progressive steps, it’s crucial to understand what syncopation entails. In essence, syncopation involves emphasizing rhythms or beats that are typically weak or offbeat, creating a sense of surprise and groove. It involves playing notes or accents that clash with the regular pulse, thus generating a more dynamic and engaging rhythmic feel. Why is syncopation important for modern drummers? - It adds groove and swing to your playing. - It creates tension and release, making music more compelling. - It allows for more creative expression and improvisation. - It helps in fitting into various genres like jazz, funk, R&B, and modern pop.

Getting Started: Foundational Rhythms and Concepts

To progress effectively, a drummer must first establish a solid rhythmic foundation.

1. Master Basic Timekeeping

- Practice playing consistent quarter, eighth, and sixteenth notes. - Use a metronome to develop steady timing. - Focus on maintaining an even tempo without rushing or dragging.

2. Understand Basic Accent Patterns

- Practice emphasizing different beats within a measure. - Experiment with accenting offbeats and weak beats to get comfortable with rhythmic variation.

3. Develop Independence Between Limbs

- Practice simple coordination exercises, such as playing hi-hat eighth notes with the right hand while maintaining a bass drum pattern with the foot. - Use hand-foot independence exercises to prepare for more complex syncopated patterns.

Step-by-Step Progressive Approach to Syncopation

Building syncopation skills involves gradually introducing more complex and nuanced patterns. Below are structured steps to guide you through this progression.

Step 1: Syncopation Through Offbeat Accents

Objective: Get comfortable emphasizing offbeat notes to create a basic sense of syncopation. Exercises: - Play a simple quarter-note pulse on the hi-hat with the right

hand. - Accent the "&" of each beat (the offbeat) with the left hand or snare. - Example pattern in 4/4: - Play quarter notes on counts 1, 2, 3, 4. - Accent the "&" of each beat with a ghost note or a slight hit. Tip: Use a metronome set to click on the downbeat to internalize the timing.

Step 2: Incorporating Syncopated Bass Drum Patterns

Objective: Introduce the bass drum playing off the main beats to enhance syncopation. Exercises: - Practice simple patterns where the bass drum hits on offbeats, e.g., the "&" of beat 1, 2, 3, or 4. - Combine these with straightforward hi-hat patterns. - Example pattern: - Hi-hat: eighth notes. - Bass drum: plays on the "&" of 1 and 3. - Snare: on 2 and 4. Result: This creates a syncopated rhythm that accentuates the offbeat feel.

Step 3: Syncopated Snare Accents

Objective: Use the snare to emphasize syncopated beats, adding groove complexity. Exercises: - Play a basic backbeat on beats 2 and 4. - Add ghost notes or softer hits on the "&" of beats 2 and 4. - Experiment with placing snare hits on the "&" of beats 1 and 3 for variation. Tip: Listen to funk and jazz recordings to understand how drummers use snare accents for syncopation.

Step 4: Combining Multiple Syncopated Elements

Objective: Integrate bass drum, snare, and hi-hat patterns for more sophisticated syncopation. Exercises: - Play a pattern where the bass drum hits on offbeat subdivisions, the snare emphasizes the backbeat, and the hi-hat maintains steady eighth notes. - Gradually increase complexity by adding sixteenth-note syncopations. - Example pattern: - Hi-hat: sixteenth notes. - Bass drum: plays on the "&" of 1, the "e" of 2, and the "&" of 3. - Snare: hits on 2 and 4 with ghost notes on "&" of 2 and "&" of 4. Tip: Use drum notation or transcriptions from your favorite syncopated grooves as practice material.

Step 5: Incorporating Polyrhythms and Cross-Rhythms

Objective: Broaden your rhythmic vocabulary by exploring polyrhythms that involve dividing the beat into different subdivisions. Exercises: - Practice two against three: play triplet-based patterns against straight eighth notes. - Experiment with playing a 3-over-2 polyrhythm between limbs. - Use layering exercises: for instance, the right hand playing triplet eighth notes while the left foot maintains a straight quarter note pulse. Result: These techniques create complex, modern rhythmic textures that are inherently syncopated.

Advanced Techniques for Modern Syncopation

Once you've mastered the progressive steps, you can explore more advanced concepts to deepen your syncopation skills.

1. Incorporate Syncopated Ghost Notes

- Use subtle ghost notes on the snare to add rhythmic nuance. - Place ghost notes on offbeats or between main beats to create tension.

2. Explore Odd Meters and Metric Modulation

- Practice rhythms in 5/8, 7/8, or other irregular meters to develop flexibility. - Use metric modulation to shift between time signatures smoothly.

3. Use Rhythmic Displacement Techniques

- Shift familiar patterns by one beat or subdivision to create syncopation. - Practice "off the grid" playing, where accents fall between the standard subdivisions.

4. Apply Syncopation in Musical Contexts

- Jam along with recordings that feature complex syncopation. - Compose your own patterns incorporating learned techniques. - Collaborate with other musicians to develop a tighter sense of rhythmic interplay.

Tools and Resources for Practicing Syncopation

To effectively progress, utilize various tools and resources: - Metronomes and Click Tracks: Use these to internalize precise timing. - Loop Pedals or Software: Loop complex patterns for focused practice. - Transcriptions & Play-Alongs: Study drummers known for their syncopation, such as Steve Gadd, Vinnie Colaiuta, or ?uestlove. - Practice Apps: Use rhythmic training apps that focus on subdivisions, accents, and polyrhythms. - Video Tutorials: Visual demonstrations can clarify complex patterns.

Conclusion: Developing Your Syncopation for the Modern Drummer

Mastering syncopation is a journey that involves patience, consistent practice, and a willingness to explore rhythmic

boundaries. By following the progressive steps outlined—starting from basic offbeat accents and gradually incorporating complex polyrhythms—you can develop a versatile and modern rhythmic vocabulary. Remember, the key to effective syncopation lies in listening deeply, practicing intentionally, and applying these techniques within musical contexts. As you advance, your ability to craft compelling grooves and innovative rhythms will set you apart as a modern drummer capable of shaping the sound of contemporary music. Keep practicing, stay rhythmic, and let your creativity lead the way!

Progressive steps to syncopation for the modern drummer are essential for developing a versatile, dynamic, and expressive playing style. Syncopation—the deliberate displacement of beats or accents—forms the backbone of many modern rhythms, from jazz and funk to fusion and progressive rock. Mastering syncopation allows drummers to add complexity, groove, and a personal touch to their performances. This guide will walk you through a systematic approach to understanding, practicing, and integrating syncopation into your drumming, helping you elevate your rhythmic vocabulary step by step.

Understanding Syncopation: The Foundation

Before diving into exercises and practice routines, it’s crucial to understand what syncopation is and how it functions within a rhythmic context.

What Is Syncopation?

Syncopation occurs when accents, hits, or rhythmic emphasis fall on weak or unexpected beats, thereby creating a tension or surprise within the regular pulse. Instead of playing straightforward quarter notes or eighth notes aligned with the beat, syncopation shifts accents to off-beats, rests, or subdivisions, producing a more engaging and complex sound.

Why Is Syncopation Important?

1. Adds groove and swing to your playing
2. Creates rhythmic interest and complexity
3. Connects different musical styles (jazz, funk, R&B, modern pop)
4. Enhances your ability to interact with other musicians
5. Develops your internal sense of timing and subdivision

Step 1: Master Basic Rhythmic Subdivisions

Before tackling syncopation, ensure you have a solid grasp of basic subdivisions—quarter notes, eighth notes, and sixteenth notes.

Practice Tips:

1. Use a metronome set to a comfortable tempo
2. Count aloud: “1 & 2 & 3 & 4 &”
3. Play simple patterns, emphasizing each subdivision

Exercises:

1. Play quarter notes on the hi-hat, with bass drum on beats 1 and 3
2. Play eighth notes on the hi-hat, with bass drum on beats 1 and 3
3. Play sixteenth notes on the hi-hat, with varied bass drum placements

Once these feel natural, you can start shifting your accents and emphasis to off-beats and subdivisions to explore syncopation.

Step 2: Practice Basic Off-Beat Accents

The next step involves accenting off-beats to create a simple syncopated feel.

Exercise: Off-Beat Accents

1. Play a steady eighth-note pulse on the hi-hat.
2. Accent the “&” of each beat (the off-beat) while keeping the rest soft.
3. Use the bass drum on beats 1 and 3, and experiment with placing the snare on the “&” of 2 and 4.

Goal: Feel how emphasizing off-beats shifts the groove and introduces syncopation.

Tips:

1. Use a metronome subdivision to internalize the off-beat placement
2. Gradually increase tempo as comfort improves
3. Experiment with different accent patterns

Step 3: Incorporate Rest and Silence

Syncopation isn’t just about accents; rests and silences are equally powerful.

Exercise: Syncopated Rhythms with Rests

1. Play a pattern of eighth notes with the hi-hat.
2. Leave certain subdivisions silent—e.g., play on beat 1, then rest on the “&” of 1, play on beat 2, rest on “&” of 2, etc.
3. Sync the bass drum and snare to complement these rests, emphasizing unexpected accents.

Benefit: This trains your ability to create rhythmic tension and release by playing around the silence.

Practice Tip:

1. Count aloud to internalize the rests
2. Use a metronome with accenting features to help feel the placement

Step 4: Explore Syncopation Patterns from Different Styles

Different musical genres employ a variety of syncopated patterns. Learning these enhances your rhythmic vocabulary.

Examples:

1. Funk: Emphasize the “push-pull” feel with off-beat hi-hat patterns and syncopated bass drum placements
2. Jazz: Use swung eighths and syncopated ride cymbal

patterns
3. Latin: Incorporate clave patterns and accents on off-beats
4. Fusion/Modern: Combine complex subdivisions with unpredictable accents

Practice Approach:

1. Transcribe simple grooves from recordings that showcase syncopation
2. Break down the patterns into smaller parts
3. Play each part slowly, then gradually increase speed

Step 5: Use Transcription and Imitation

One of the most effective ways to internalize syncopation is by transcribing drum parts from recordings of your favorite modern drummers.

Steps:

1. Select a recording with pronounced syncopation.
2. Transcribe the rhythmic pattern, noting accents, rests, and subdivisions.
3. Play along slowly, matching the phrasing.
4. Analyze how the drummer creates tension and release through syncopation.

Key Drummers to Study:

1. Steve Gadd
2. Vinnie Colaiuta

3. Cindy Blackman
4. Thomas Lang
5. Gavin Harrison

Step 6: Develop Independence and Coordination

Syncopation often requires complex coordination between limbs. Developing independence is vital.

Exercises:

1. Play a simple pattern with your right hand (e.g., hi-hat on the quarter notes).
2. Play a different pattern with your left hand (e.g., snare on off-beats).
3. Add bass drum patterns that complement the above, emphasizing syncopation.
4. Slowly combine these patterns, focusing on maintaining accuracy and feel.

Tip:

1. Practice with a metronome or backing track
2. Isolate limbs if needed, then gradually combine

Step 7: Apply Syncopation in Musical Contexts

Practice integrating syncopated rhythms into actual musical situations.

Approaches:

1. Play along with recordings of modern styles (funk, jazz

fusion, progressive rock)
2. Jam with others, emphasizing rhythmic interaction
3. Compose your own grooves that use syncopation

Creative Tip:

1. Experiment with shifting accents within a groove
2. Use ghost notes and subtle dynamics to add groove complexity
3. Vary your patterns to avoid predictability

Step 8: Record and Analyze Your Playing

Recording yourself allows you to objectively assess your use of syncopation.

Process:

1. Record practice sessions and performances
2. Listen for how effectively you incorporate syncopated elements
3. Identify areas for improvement or new ideas to explore

Reflection:

1. Are your accents landing where they should?
2. Do your rests create the desired tension?
3. How well do you lock in with the band or backing track?

Step 9: Continual Expansion and Experimentation

Syncopation is a vast rhythmic landscape. Keep exploring new patterns, styles, and techniques.

Ideas:

1. Incorporate odd subdivisions (e.g., 5, 7, or 9 subdivisions)
2. Use polyrhythms and cross-rhythms
3. Experiment with odd time signatures (e.g., 5/8, 7/8)
4. Incorporate electronic and programmed elements for modern textures

Final Thoughts

Progressive steps to syncopation for the modern drummer require patience, listening, and deliberate practice. Focus on mastering basic subdivisions and accents before moving on to more complex patterns. Use transcription, experimentation, and musical context to deepen your understanding and application. Remember, syncopation is not just about technical execution but about feeling and groove—allow your personality and musical intuition to guide your rhythmic development.

With consistent effort and curiosity, you'll find your ability to craft compelling, syncopated grooves will become a defining feature of your drumming style.

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that stays close, ready whenever it is needed.

Questions & Answers About progressive steps to syncopation for the modern drummer

No	Question	Answer
1	What are the foundational rhythmic patterns a modern drummer should master before exploring syncopation?	Drummers should begin with basic quarter notes, eighth notes, and sixteenth notes, along with simple subdivisions and steady groove patterns to build a solid rhythmic foundation before progressing to more complex syncopated patterns.
2	How can practicing with a metronome improve syncopation skills for modern drummers?	Using a metronome helps drummers develop precise timing and internalize rhythmic subdivisions, enabling them to execute syncopated patterns accurately and maintain consistent tempo during complex rhythmic shifts.
3	What are some effective exercises to develop a sense of off-beat and syncopation?	Exercises such as playing off-beat accents, syncopated rudiments, and practicing ghost notes on the snare while maintaining steady bass drum patterns can enhance a drummer's ability to internalize and execute syncopation.

4	How can incorporating polyrhythms enhance a drummer's understanding of syncopation?	Practicing polyrhythms challenges drummers to coordinate multiple rhythmic layers, deepening their sense of syncopation by understanding how different rhythmic patterns interact and creating more complex and interesting grooves.
5	What role does listening to modern music genres play in learning syncopation?	Listening to genres like funk, jazz, hip-hop, and electronic music exposes drummers to diverse syncopated rhythms, inspiring them to incorporate contemporary rhythmic ideas into their playing and understand real-world applications.
6	How can a drummer gradually increase the complexity of syncopated patterns in their practice routine?	Start with simple syncopations and gradually introduce more complex subdivisions, accents, and cross-rhythms, ensuring mastery at each stage before progressing to more challenging patterns to build confidence and skill.
7	What techniques can help a modern drummer internalize syncopation more effectively?	Techniques such as subdividing rhythms aloud, using visualization, practicing with different subdivisions, and playing along with recorded grooves can help internalize syncopation and improve rhythmic feel.

8	How important is improvisation in developing a drummer's ability to execute syncopation?	Improvisation allows drummers to experiment with rhythmic variations and develop an intuitive feel for syncopation, making their playing more fluid, expressive, and adaptable in various musical contexts.
9	What are some modern drum patterns that exemplify advanced syncopation techniques?	Patterns like the breakbeats in electronic music, funk groove variations with off-beat hi-hats, and jazz comping with swung and syncopated accents exemplify advanced syncopation techniques used by modern drummers.

drum independence, rhythm exercises, groove development, percussion techniques, timing mastery, drum patterns, polyrhythms, dynamic control, musical phrasing, practice routines

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Progressive Steps To Syncopation For The Modern Drummer eBooks provide measurable long-term value.

Updates can be deployed without reprinting or redistribution delays.

Content remains relevant through updates.

Methodical study improves mastery.

Progressive Steps To Syncopation For The Modern Drummer eBooks are often used in environments that value accuracy.

Modern learners value Progressive Steps To Syncopation For The Modern Drummer eBooks for their balance between depth, flexibility, and accessibility.

Digital access enables quick consultation during real-world

application.

Progressive Steps To Syncopation For The Modern Drummer eBooks improve long-term usability by remaining searchable.

Progressive Steps To Syncopation For The Modern Drummer eBooks are frequently referenced during planning and execution phases.

The digital format of Progressive Steps To Syncopation For The Modern Drummer eBooks supports efficient information delivery without compromising depth or clarity.

Progressive Steps To Syncopation For The Modern Drummer eBooks integrate well with digital note-taking and productivity tools.

Progressive Steps To Syncopation For The Modern Drummer eBooks are frequently updated to reflect current standards, practices, and emerging trends.

The digital format of Progressive Steps To Syncopation For The Modern Drummer eBooks allows rapid revision, correction, and content expansion.

Lower barriers enable a wider audience to access Progressive Steps To Syncopation For The Modern Drummer knowledge regardless of geographic or economic limitations.

Progressive Steps To Syncopation For The Modern

Drummer eBooks provide a reliable foundation for both academic study and practical application.

Digital materials ensure consistent knowledge transfer across teams.

Progressive Steps To Syncopation For The Modern Drummer eBooks improve long-term usability by remaining searchable.

Many learners prefer Progressive Steps To Syncopation For The Modern Drummer eBooks because they reduce physical storage requirements.

Dedicated reading reduces multitasking.

Digital formats ensure identical learning materials for all participants.

Progressive Steps To Syncopation For The Modern Drummer eBooks are suitable for academic and professional contexts.

Content remains relevant through updates.

Progressive Steps To Syncopation For The Modern Drummer eBooks enable consistent formatting, which improves reading flow.

Revisions can be deployed without disruption.

Progressive Steps To Syncopation For The Modern Drummer eBooks enable readers to track progress and revisit learning milestones.

From an educational standpoint, Progressive Steps To Syncopation For The Modern Drummer eBooks encourage active reading through annotation, highlighting, and structured navigation tools.

Tips for reading Progressive Steps To Syncopation For The Modern Drummer

Reading Progressive Steps To Syncopation For The Modern Drummer in digital format can be a highly effective and enjoyable experience when done with the right approach. Unlike traditional printed books, digital reading offers flexibility, customization, and powerful tools that can improve comprehension and retention. However, without proper habits, digital reading can also lead to fatigue or reduced focus. Applying practical reading strategies helps you get the most value from Progressive Steps To Syncopation For The Modern Drummer.

One of the most important tips is to break your reading into manageable sessions. Long, uninterrupted reading on a screen can strain the eyes and reduce concentration. Instead of reading for several hours at once, divide your time into shorter sessions with regular breaks. This approach helps maintain focus, improves understanding, and prevents mental exhaustion. Using techniques such as the Pomodoro method—reading for 25–30 minutes followed by a short break—can be particularly effective.

Using bookmarks is another simple yet powerful habit. Most digital reading platforms allow you to bookmark chapters, sections, or specific pages. Bookmarks make it easy to return to important parts of Progressive Steps To Syncopation For The Modern Drummer without scrolling or searching manually. This is especially useful for long documents, study materials, or reference-based reading where you may need to revisit certain sections frequently.

Highlighting key points and adding annotations can significantly improve comprehension. Digital highlights allow you to visually mark important ideas, definitions, or summaries. Adding notes in your own words helps reinforce understanding and creates a personalized study guide. Over time, these highlights and annotations turn Progressive Steps To Syncopation For The Modern Drummer into an interactive learning resource rather than passive reading material.

Adjusting screen settings plays a crucial role in reading comfort. Most reading apps allow you to customize font size, font style, line spacing, and background color. Increasing font size and line spacing can reduce eye strain, while using dark mode or sepia backgrounds may improve readability in low-light environments. Adjusting screen brightness to match ambient lighting further enhances comfort and protects eye health during long reading sessions.

Creating a focused reading environment

A distraction-free environment improves reading efficiency and enjoyment. When reading Progressive Steps To Syncopation For The Modern Drummer, try to minimize notifications from messaging apps or social media. Many devices offer “focus mode” or “do not disturb” settings that help maintain concentration. Choosing a quiet, comfortable location with proper lighting also contributes to a better reading experience.

For study or professional reading, setting clear goals before starting can be beneficial. Decide whether you are reading for general understanding, detailed analysis, or quick reference. Clear objectives help guide how deeply you engage with the content and which sections deserve closer attention.

Access Formats

Progressive Steps To Syncopation For The Modern Drummer is often available in multiple formats, each offering unique advantages. Understanding these formats helps you choose the one that best matches your preferences, devices, and reading habits.

PDF format:

PDF is one of the most common formats for Progressive Steps To Syncopation For The Modern Drummer. It preserves the original layout, fonts, and images, ensuring

consistency across devices. PDFs are ideal for documents with structured layouts, charts, or academic formatting. They work well on computers and tablets but may require zooming on smaller screens. Annotation and highlighting tools are widely supported in PDF readers, making this format suitable for study and professional use.

ePub format:
ePub is a flexible and reflowable format designed for eReaders and mobile devices. Text automatically adjusts to different screen sizes, allowing comfortable reading on smartphones and dedicated eReaders. If you prioritize readability and customization, ePub is often the best choice for reading Progressive Steps To Syncopation For The Modern Drummer on the go. However, complex layouts may not always appear exactly as intended.

Audiobook format:
Audiobooks offer an alternative way to experience Progressive Steps To Syncopation For The Modern Drummer content. Instead of reading text, users listen to narrated versions. Audiobooks are ideal for multitasking, commuting, or users who prefer auditory learning. While they do not allow highlighting or visual reference, they provide accessibility and convenience for busy lifestyles.

Selecting the right format depends on your device, reading goals, and personal preferences. Many readers

combine multiple formats—for example, reading the PDF for detailed study and listening to the audiobook for review or reinforcement.

Benefits of Digital Copies

Digital copies of Progressive Steps To Syncopation For The Modern Drummer offer several advantages over traditional printed books, making them increasingly popular among modern readers. One of the most significant benefits is portability. Hundreds or even thousands of digital books can be stored on a single device, eliminating the need for physical storage space and making it easy to carry an entire library anywhere.

Searchable text is another major advantage. Instead of flipping through pages, digital readers can instantly search for keywords, phrases, or topics within Progressive Steps To Syncopation For The Modern Drummer. This feature is invaluable for research, study, and professional reference, saving time and improving efficiency.

Offline access enhances flexibility. Once downloaded, digital copies of Progressive Steps To Syncopation For The Modern Drummer can be accessed without an internet connection. This is especially useful for travel, remote study, or areas with limited connectivity. Offline access ensures uninterrupted reading regardless of location.

Annotation tools add further value. Highlights, notes, and bookmarks transform digital reading into an interactive experience. These tools help readers organize information, revisit important sections, and personalize their learning process. Notes can often be exported or synced across devices, providing continuity and convenience.

Cost and sustainability advantages

Digital copies are often more affordable than printed books. Many platforms offer discounts, subscription models, or free access to public domain works. Over time, digital reading can significantly reduce costs for students, professionals, and avid readers.

From an environmental perspective, digital books reduce paper consumption, printing, and transportation. Choosing digital versions of Progressive Steps To Syncopation For The Modern Drummer contributes to more sustainable reading habits and a smaller environmental footprint.

Accessibility and inclusivity

Digital reading platforms often include accessibility features that benefit a wide range of users. Adjustable fonts, text-to-speech options, screen reader compatibility, and contrast settings make Progressive Steps To Syncopation For The Modern Drummer more accessible to readers with visual impairments or learning differences. These features help ensure that knowledge is available to

a broader audience.

Balancing digital and traditional reading

While digital copies offer many benefits, balancing them with healthy reading habits is important. Taking regular breaks, maintaining good posture, and limiting screen exposure before bedtime help prevent fatigue and eye strain. Some readers choose to alternate between digital and printed formats depending on the context and purpose of reading.

Building a long-term reading habit

Consistency is key to getting the most value from Progressive Steps To Syncopation For The Modern Drummer. Setting a regular reading schedule, even for a short daily session, helps build a sustainable habit. Tracking progress using reading apps or journals can increase motivation and provide a sense of achievement.

Final thoughts on reading Progressive Steps To Syncopation For The Modern Drummer

Reading Progressive Steps To Syncopation For The Modern Drummer digitally offers flexibility, efficiency, and powerful tools that enhance understanding and engagement. By applying effective reading strategies, choosing the right format, and taking advantage of digital features, readers can create a comfortable and productive reading experience. Whether for learning, professional

growth, or personal enjoyment, digital copies of Progressive Steps To Syncopation For The Modern Drummer provide a modern and accessible way to consume structured knowledge anytime and anywhere.